



Official ABC Jump Proficiency Form

Skiers Name _____

Skiers Signature _____

Exam Location _____

Exam Date _____

A1414: Jump rating

A valid jump rating, earned at a sanctioned tournament, within one year, must be held by each competitor in a jump event, or valid jump proficiency signed by an ABC Regular or Senior Judge, consisting of:

- a) Forward rope on foot, basic and reverse for 5 seconds each.
- b) Forward one foot, basic and reverse for 5 seconds each.
- c) Forward surface hop from a position between 2.75m and 7.75m outside of the wake on the driver side using a jump handle.
- d) 6 1/2 forward wake crossings or 5 forward 1 foot crossings in 15 seconds.

No more than 3 attempts for a jump proficiency per day

*Please see the rating ABC rating sheets for the renewal requirements

Official's Name _____

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Official's Rating (circle) Regular or Senior



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